



Course Information

Kate's Training CIC

Welcome to Kate's Training CIC, a community-focused, not-for-profit training provider offering courses in First Aid, First Aid for Mental Health, Health and Safety, Fire Safety, Manual Handling and Food Compliance.

We offer both regulated (RQF) and non-regulated courses. Course-specific information will be provided to each learner before training begins. This document provides general guidance for anyone considering our courses, including what to expect, the applicable requirements and the assessment criteria.

Please read the following information before attending a regulated (RQF) course:

- Our regulated courses are certified by First Aid Awards. Each course includes an assessment, which may be written, verbal, practical, or a combination of these formats. Most courses require no advance preparation; if pre-course work is necessary, we will notify you beforehand.
- Please bring valid **photographic identification** to the training. Due to regulatory requirements, you will be unable to participate without it.
- Please bring your own lunch. Tea, coffee and biscuits will be provided.
- Please arrive no later than 10 minutes before the advertised start time. Courses begin promptly.
- For **First Aid courses**, please wear comfortable clothing suitable for practical activities, such as trousers or leggings.
- Please inform us of any reasonable adjustments you require before the course or at the start of the training. For regulated First Aid courses, learners must demonstrate CPR on the floor continuously for two minutes to meet the qualification requirements. If you are unable to complete this assessment, you may instead receive a Certificate of Attendance or an Appointed Person Certificate rather than the Level 3 qualification.
- If you have any questions, please email support@katesttraining.uk, call or message 07362 512257, or call 0161 706 2276.

Thank you. We look forward to welcoming you to the course.