# LEVEL 3/6: 3-DAY TRAINING COURSE

# First Aid at Work

Where a workplace first aid risk assessment identifies a need for a First Aider in the Workplace, this three-day qualification will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.



### **RQF Level 3 Award**

| Qualification title: | FAA Level 3 Award in First Aid at Work (RQF)                      | Code:      | 603/2081/3 |
|----------------------|---|------------|------------|
| Unit 1 title:        | Emergency First Aid in the Workplace                              | Unit code: | Y/615/8504 |
| Unit 2 title:        | Recognition and Management of Illness and Injury in the Workplace | Unit code: | M/615/8508 |

### **SCOF Level 6 Award**

| Qualification title: | Award in First Aid at Work at SCQF Level 6                        | Code:      | R528 04 |
|----------------------|---|------------|---------|
| Unit 1 title:        | Emergency First Aid in the Workplace                              | Unit code: | UL20 04 |
| Unit 2 title:        | Recognition and Management of Illness and Injury in the Workplace | Unit code: | UL21 04 |

It is a requirement of the Health & Safety law that employers provide a safe and healthy environment to work in. If your assessment of first aid needs highlights the need for qualified first aiders, then this level 3 qualification (level 6 in Scotland) will provide you with suitable, highly trained personnel.

This comprehensive three-day course covers a wide range of first aid emergencies, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way. In addition, this course will include any protocol changes that may have arisen since their last training course.

## **Duration**

A minimum of 18 hours spread over at least three days. Ideally, the course should be run over three consecutive days, but we have the flexibility to accommodate your specific needs if you so desire providing it is completed within 10 weeks of starting the course and the training sessions last for a minimum of two hours.

## Syllabus

A range of subjects are covered including:-

- Legalities, responsibilities and reporting
- Dealing with an unresponsive casualty
- Fractures and spinal injuries
- Resuscitation and AED awareness
- Assessment of the situation
- Control of bleeding
- Shock (including Anaphylaxis)
- Heart attacks
- Head injuries
- Sprains and strains
- Poisoning
- Bandaging
- Choking
- Eye injuriesChest injuries
- Asthma
- Diabetes
- Stroke
- Burns
- Epilepsy

# Certification

Summative practical assessment is ongoing by the instructor each day, along with a written assessment for unit 2.

A three year Level 3 Award in First Aid at Work (Level 6 in Scotland) will be issued to the learner, subject to successful assessment. No external assessors are required.

# Numbers

A maximum of 12 students are allowed and must be a minimum of 14 years of age and a certificate can be offered to all, subject to assessment. A student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role. The certificate will expire as dated on the certificate, irrespective of age.





Kate's Training Ltd Email: kate@katestraining.uk Phone: 01617062276 Web: www.katestraining.uk

